



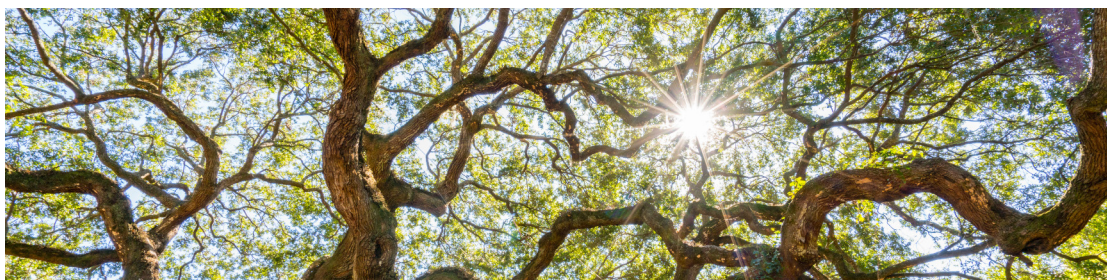
RICE UNIVERSITY

Susanne M. Glasscock
School of Continuing Studies



Community Learning & Engagement

Spring 2023 Course Guide



“We must remain a place where people never forget that at Rice they felt loved, welcomed and special as they received an unequalled education that enabled them to transform their own lives and the world around them.”

—Rice University president Reginald DesRoches, Oct. 22, 2022

You belong at Rice University, your home for lifelong learning.

Welcome home to the Susanne M. Glasscock School of Continuing Studies. Whether you've been taking our Community Learning and Engagement classes for decades or you're just getting to know us, we're so glad to have you as part of our community.

This spring, many of our classes use Rice's campus as classroom. There's no place quite like Rice University in spring, with azalea bushes in bloom, students studying under a leafy canopy, families strolling through campus, pea plant tendrils unfurling in the Holistic Garden and thousands of birds stopping on their long migration north.

If you prefer the convenience of studying with us virtually, we also offer more than a dozen dynamic online courses. Regardless of format, our courses all feature extraordinary Rice faculty and community instructors. **Join us this spring to:**

- Embrace wellness as a way of life in Living Well with Rice and community experts on mindfulness, physical and emotional well-being, nature, play and joy
- Practice bird-watching on campus in The Great American Flyway: Gulf Coast Bird Migration
- Make art inspired by campus blooms in Petals and Plants: The Art of Nature
- Meditate amid Rice's stunning art, architecture and nature in Meditation by Design
- Learn about the evolution and ethics of archaeology in King Tut Revisited With the Houston Museum of Natural Science
- Gain a deeper understanding of China from 1500 to today with a historian from Rice's innovative new Department of Transnational Asian Studies
- Explore strategies to counteract inequity with Rice faculty and other experts in Facing Race: Shaping Equitable Futures

Whichever of our nearly 40 courses you choose, we can't wait to welcome you home to Rice.

Visit glasscock.rice.edu/community or click on any course title within the guide to register today.

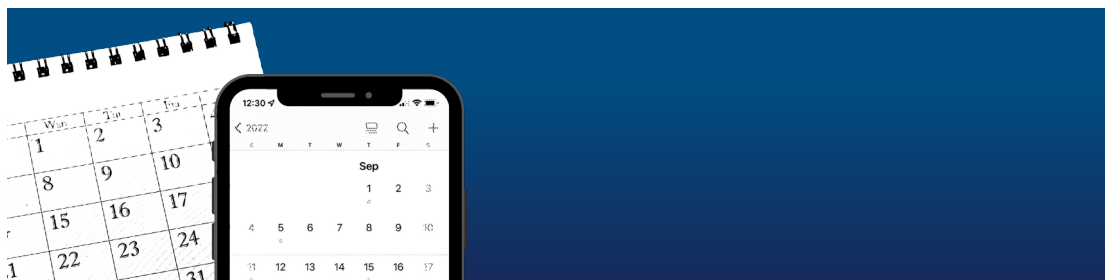
Note: Interactive functions of the course guide work best when downloaded and viewed with a PDF reader. Learn more about the steps Rice University is taking to keep our community safe and healthy at glasscock.rice.edu/covid19.



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Course Planner

Courses are held on campus unless otherwise indicated.

MONDAY

- Daytime** Greek and Roman Philosophers: From Socrates to the Stoics
- Evening** Living Well: Whole Life Wellness
 Introduction to Creative Writing – [Online](#)
 Introduction to Gouache Painting: A Gouache Expedition
 The Music and Life of J. S. Bach

TUESDAY

- Daytime** Creative iPhone Photography
 The Great American Flyway: Gulf Coast Bird Migration
 Meditation by Design: Meditations in Rice’s Great Spaces and Places
 The Origins and Role of the British Monarchy
 Petals and Plants: The Art of Nature
 The Psychology of Flourishing
 Star Quality: Broadway’s Greatest Performers
- Evening** Drawing Fundamentals
 Legendary Turkey

WEDNESDAY

- Daytime** Midweek Medley: From the Birth of Texas to the History of the World
- Evening** Facing Race: Shaping Equitable Futures – [Online](#)
 The Birth of Planets: How Do Habitable Planets Form?

THURSDAY

- Daytime** The History of China’s Foreign Relations
 Incredible Insects: The Little Things That Run the World
 Sketching the City
- Evening** King Tut Revisited With the Houston Museum of Natural Science
 Advanced Photography Workshop With Peter Brown
 Memoir Writing Workshop – [Online](#)
 Stock Market and Investment Fundamentals

ON DEMAND - *Online*

Anytime	American Sounds: Great Symphonic Music of North and South America
	Breath: Tibetan Meditation and Breathing Techniques
	Broadway Pulitzer Prize Winners
	How Classical Music Is Created: The Composer’s Palette
	Midweek Medley: From Antarctica to the Moon
	Midweek Medley: From Beethoven to Broadway
	Midweek Medley: From Stonehenge to the Galápagos
	Missions to Mars: Exploration of the Red Planet
	The Nature and Geology of U.S. National Parks: From Acadia to Zion
	The Nature and Geology of U.S. National Parks: From Arches to White Sands
	The Nature and Geology of U.S. National Parks: From Crater Lake to the Everglades
	The Nature and Geology of U.S. National Parks: From Glacier to the Grand Canyon
	The Nutrition Prescription: Disease Prevention and Management

OpenRICE

Free, Timely Webinars from Rice University

OpenRICE is a series of free webinars harnessing the scholarship and expertise of Rice University, the Glasscock School of Continuing Studies, and our community partners. Sharing practical insights, knowledge and skills, OpenRICE was designed to help the public navigate the enormous transformations taking place in learning, work and life. In addition to monthly webinars, we maintain a robust archive of free session recordings.

Visit openrice.rice.edu to learn more.

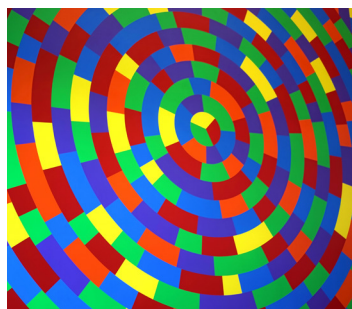
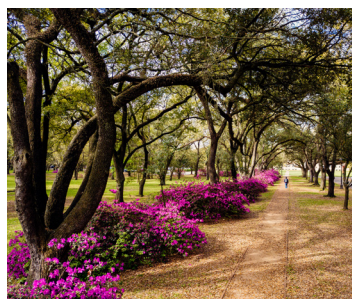




The Rice Campus Experience

Rice University blossoms in the spring. Both uniquely Houston and unique within Houston, the Rice campus experience presents the perfect opportunity to find rest, recreation and renewal for your mind, body and spirit. In addition to taking a Community Learning and Engagement course, experience the abundance of sights, sounds and flavors at Rice.

- Take a walk among the 4,600 trees across our 300-acre campus, designated as a “Tree Campus USA” by the Arbor Day Foundation.
- Exercise your mind and body at Rice. Our campus features a 3-mile, tree-lined trail encircling the campus and 19 miles of sidewalks and paths to both lose and find yourself.
- Bird is the word at Rice, and not just owls. Ranked as one of the top bird migrant traps in Harris County by the Houston Audubon Society, more than 260 bird species have been observed on Rice’s campus. Learn more in our course The Great American Flyway: Gulf Coast Bird Migration. Details on page 9.
- Grab a hammock and catch up on some reading, resting or cloud-watching at “The Hangout,” a grove of hammocks inspired, designed and built by Rice students.
- Catch a concert at the Shepherd School of Music and enjoy the beautiful new Brockman Music and Performing Arts Center.
- While on campus for your Community Learning and Engagement course, take advantage of the incredible culinary experiences Rice has to offer. From coffee and croissants to burritos and beer to salads and sandwiches, there is something for everyone at Rice.
- Nurture your love of art throughout the Rice campus, home to more than three dozen works of public art which you can explore with the Rice Public Art app.



Join us on campus this spring!

Above: Sol LeWitt Wall Drawing #1115: Full details on page 22.



The Online Experience

Community Learning & Engagement’s online courses are taught by outstanding Rice University faculty and community experts. They are open to all adults and are conveniently offered during the day and evening. We are committed to creating a student-centered, flexible learning experience. This starts with our innovative technology solutions, including robust Zoom capabilities and online classrooms designed to provide each student with an engaging Rice experience. We also offer a range of online course formats to meet your needs.

TYPES OF ONLINE CLASSES



Synchronous Learning - These courses are scheduled, live, online classes with the instructor. They are primarily delivered through Zoom communications technology and a Canvas learning platform.



On-Demand - On-demand offerings are ready-to-view courses that are pre-recorded and self-paced so that you can access them when it’s convenient for your schedule. You’ll have access to view the course content via a Canvas learning platform for 90 days after registration.

What can I expect from an online course?

Learn from subject matter experts from the comfort of your home.

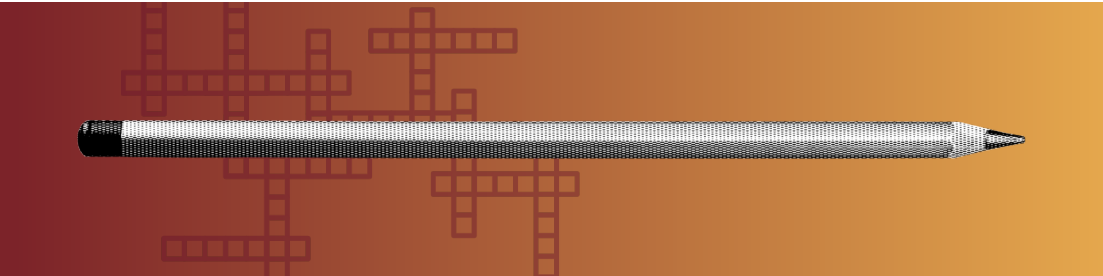
What technology will I need for my on-demand course?

To access your course, you will need a web-enabled device (computer, tablet or smartphone) with audio capabilities (like speakers or headphones), high-speed internet, and the most up-to-date version of one of the following browsers: Google Chrome (for Windows and Apple computer users; Android phone and tablet users), and Safari (for iPhone or iPad users).

What do I do if I have technical difficulties?

Don’t worry! We are here to help. Simply call the Glasscock School online help desk at 713-348-6112. Support is available from 8 a.m.– 8 p.m. Monday–Thursday. For general questions and non-urgent support, you can also email cpcoord@rice.edu.

Join us online this spring!



Community Crossword Challenge

Win a free spring 2023 Community Learning and Engagement course!

Complete the following crossword puzzle and submit the keyword to be entered for a chance to win a free Community Learning and Engagement spring course.* Here's a hint: All of the answers can be found within this course guide! Submit keyword answers by Jan. 31, 2023 for a chance to win.

1

2

3

4

5

6

7

8

DOWN

- 1. Rice is a pit stop for thousands of our feathered friends during this semi-annual event.
- 2. Ponder some of life's greatest questions this spring in a course on this subject.
- 3. This iPhone photography expert has been teaching at the Glasscock School since 2014.
- 7. This instructor will have your creativity in full bloom this spring.

ACROSS

- 4. This Pharaoh's tomb was discovered a century ago.
- 5. Who said "We must remain a place where people never forget that at Rice they felt loved, welcomed and special..."?
- 6. Starting March 23, join us to learn how to better manage this.
- 8. Attend a Wednesday lecture to learn about the birth of this great state.

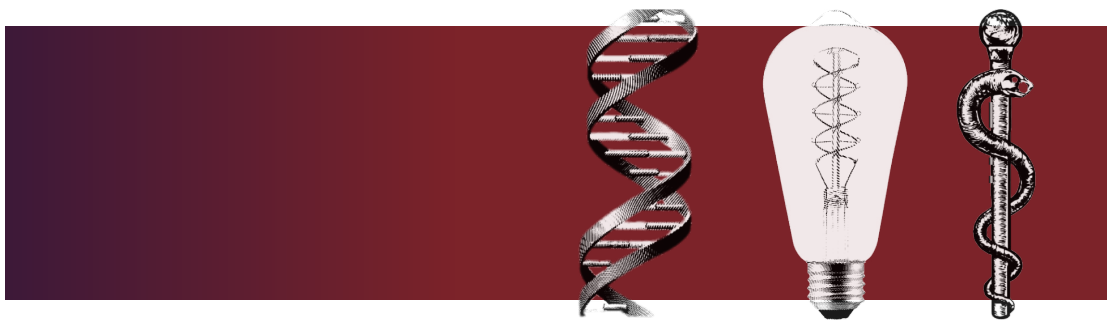
Keyword Riddle: I can be hidden, though my purpose is giving. A time or a place, to be this is truly living.

I can come with a bow, I can mean to show, or speak me when asked for the teacher to know.

Keyword Answer:

Submit Your Answer

*Terms and conditions of the Community Crossword Challenge can be found within the policies on page 22.



Science, Technology & Health

From astronomy to medicine to robotics, the Glasscock School convenes renowned Rice University and Houston scientists to explore how discoveries in science, technology and health affect you, our society and the world at large.

“A very thought provoking and personally satisfying experience.”

—Past Participant, Community Learning and Engagement

Living Well: Whole Life Wellness

Elizabeth Slator, Ph.D., and other Rice University and community experts

Feb. 27–April 24 | Eight Mondays, 7–8:30 p.m. (no class March 13) | \$350 | On campus

Let this be the year you embrace a commitment to your wellness, not as a resolution but as a way of life. Rice University and community experts on mindfulness, physical and emotional well-being across the life span, the restorative power of nature, community service, and everyday play, creativity and joy share their unique perspectives on what it takes to thrive. Led by well-being specialist Dr. Elizabeth Slator, this supportive course taps into your deep wisdom about what you need to live fully and well. This holistic series includes presentations, facilitated conversations with guest experts, class discussions, in-class activities, a sunset walk on Rice’s campus and optional practices to try at home. Informed by current research, the course is designed to spark thoughtful dialogue and personally meaningful insights. Join us to craft a “whole, big life” infused with greater intention, peace, joy and well-being.

Note: A limited number of scholarships are available to eligible teachers. Email cpcoord@rice.edu.

Course schedule:

Feb. 27. Living with Intention: Cultivating Peace, Ease and Balance. Elizabeth Slator, Ph.D., associate director of programs, Rice University Barbara and David Gibbs Recreation and Wellness Center

March 6. Self-Care as an Act of Preservation. Elizabeth Slator, Ph.D.

March 20. Exercise for Life. Amanda Perkins-Ball, Ph.D., assistant teaching professor of kinesiology, Rice University

March 27. Restoration in Nature. Cassidy Johnson, Ph.D., assistant teaching professor, Biosciences, Rice University

April 3. Embracing Lifelong Play, Creativity and Joy. Cathy Maris, M.A., assistant dean, Community Learning and Engagement, and adjunct professor of continuing studies, and Elizabeth Slator, Ph.D.

April 10. Living Well by Doing Good: Giving Back to Your Community. Ali Al Sudani, B.S., chief programs officer, Interfaith Ministries for Greater Houston

April 17. Finding Meaning and Purpose in Life. Sandra Vaughan Parsons, Ph.D., associate teaching professor of psychological sciences, Rice University

April 24. The Middle Path: Sustaining Well-Being. Elizabeth Slator, Ph.D.

The Great American Flyway: Gulf Coast Bird Migration

Glenn Olsen, B.A., and Cin-Ty Lee, Ph.D.

March 21–May 2 | Seven Tuesdays, 9:30–11 a.m. | \$350 | On campus

Two great birders and naturalists join forces to bring to life the wonders of Gulf Coast bird migration along the great American flyway. The Rice University campus is a stopover site for thousands of birds on their northward spring migrations. Microhabitats throughout the campus draw a vast array of birds such as painted buntings, purple martins, green herons, scarlet tanagers, rose-breasted grosbeaks, great blue herons, roseate spoonbills and more than 250 other bird species. In this interactive class, learn about the natural history of birds, bird migration, identification, habitats, how you can support birds and much more. Weather permitting, the class will include two bird-watching sessions on the Rice campus, featuring a new bird observation deck at Harris Gully designed in partnership with the School of Architecture. The course includes a Saturday field trip to High Island on the Bolivar Peninsula. Beginners and experienced birders alike are welcome.

Incredible Insects: The Little Things That Run the World

Scott Solomon, Ph.D.

March 23–April 27 | Six Thursdays, 3–4:30 p.m. | \$235 | On campus

Ecologist Dr. Scott Solomon highlights the pivotal, often overlooked role insects play in shaping life on Earth. Insects are the little things that run the world. Indeed, people could not live without their vital contributions. Yet many of us think of insects as annoying, pesky, gross or even dangerous. In reality, only a tiny fraction of insects are harmful to people. The vast majority help us by pollinating crops, serving as food for wildlife and managing waste. Insects also lead complex, fascinating lives and have remarkable abilities. They are celebrated in art, literature and film; commonly used in research that benefits humanity; and serve as inspiration for new technologies. Unfortunately, like many species, insects face a variety of threats including climate change, habitat loss and irresponsible use of pesticides. With insights from current research on ecology and evolution, appreciate how insects enhance our lives and learn how we can better coexist with these incredible creatures.

The Birth of Planets: How Do Habitable Planets Form?

Christopher Johns-Krull, Ph.D.

March 22–May 3 | Six Wednesdays, 7–8:30 p.m. (no class April 5) | \$235 | On campus

Over the past two and half decades, more than 5,000 planets have been discovered orbiting other stars in our galaxy. These discoveries have galvanized interest among scientists and the general public in some of the oldest questions humankind has considered: How did we get here? Are we alone? Observations from a new generation of telescopes and instruments, particularly from James Webb Space Telescope, are providing important new clues to answer these questions. Learn about current theories of planet formation, the observations modern astronomers use to test these ideas and the history of our current understanding of the solar system's formation. We also consider the prospects for finding life elsewhere in our solar system and in our near galactic neighborhood. In addition, the course considers how new observations with next-generation telescopes and satellites will answer many questions related to our understanding of life in the universe and our place within it.

MIND-BODY

“I would absolutely take another class led by [this instructor]. I liked that he integrated the actual meditative practices into the classes. I like his style of teaching. [He] is very warm, kind, loving, healing...”

—Past Participant, Community Learning and Engagement

Meditation by Design: Meditations in Rice’s Great Spaces and Places*

Alejandro Chaoul, Ph.D.

April 18–May 9 | Four Tuesdays, noon–1 p.m. | \$150 | On campus

Experience the power of presence, place and peace as you meditate amid the beautiful art, architecture and nature of Rice University. Each week, Tibetan meditation expert Alejandro Chaoul will lead a meditation highlighting the great spaces and places of Rice’s campus. With soaring Mediterranean Revival structures, stunning contemporary buildings, an array of engaging public art, natural spaces, and indoor and outdoor sanctuaries designed to foster inspiration and contemplation, this course invites you to find peace in Rice’s urban oasis of calm. Build your meditation practice, learning techniques that may enhance calm and connection. We visit one of Rice’s great spaces and places each week, including architecturally significant buildings, works of public art and (weather permitting) thoughtfully designed natural areas. The class includes a visit from an artist, an architect, a curator or a designer.

Note: Participants should wear loose, comfortable clothing and bring a cushion if choosing to sit on the floor or ground. Meditation locations are within three-quarters of a mile of the Glasscock School building. This course is offered for educational purposes only. Please consult with the professional of your choosing if you are seeking specific therapeutic or medical advice.

YOU MAY ALSO BE INTERESTED IN OUR ON-DEMAND SCIENCE, TECHNOLOGY & HEALTH COURSES:

- Breath: Tibetan Meditation and Breathing Techniques
- Missions to Mars: Exploration of the Red Planet
- The Nature and Geology of U.S. National Parks: From Acadia to Zion
- The Nature and Geology of U.S. National Parks: From Arches to White Sands
- The Nature and Geology of U.S. National Parks: From Crater Lake to the Everglades
- The Nature and Geology of U.S. National Parks: From Glacier to the Grand Canyon
- The Nutrition Prescription: Disease Prevention and Management

[Learn more on page 20 and 21.](#)

*Limited enrollment



Social Sciences

Social science classes at the Glasscock School are designed for the naturally curious. Rice University faculty and community experts in psychology, sociology and other disciplines share insights on the human psyche and society to help you better understand yourself, others and our world.

“Very engaging, promotes participation and lessons, gives tools we can apply in our lives to grow as human beings.”

—Past Participant, Community Learning and Engagement

The Psychology of Flourishing

Sandra Vaughan Parsons, Ph.D.

March 21–April 25 | Six Tuesdays, 2–3:30 p.m. | \$235 | On campus

What does it take to flourish and live fully, even in challenging times? How can insights from the field of positive psychology help enhance our lives? Bridging science and practice, Sandra Parsons, Ph.D., reviews research on the psychology of flourishing and shares evidence-based interventions that may improve well-being. This course highlights topics such as happiness, meaning, self-compassion, mindfulness, resilience and optimism, focusing on how our thoughts, feelings and behaviors can shape life satisfaction. We practice strategies in class and compare our outcomes with published data, with ample time for discussions. You are invited to apply these approaches to your own life and consider their implications for community institutions such as the workplace and school. We also consider the challenges of fostering well-being in the context of systems with embedded injustice. Throughout the course, we explore how to make the most of your life experiences in a post-pandemic world.

PERSONAL FINANCE

Stock Market and Investment Fundamentals

William E. Frisco, CFP®, MBA, CPA

March 23–April 20 | Five Thursdays, 6:15–8:15 p.m. | \$270 | On campus

Novice and longtime investors learn to manage risks and globally diversify income and growth portfolios using U.S. and foreign stocks and bonds, commodities, gold, real estate and cryptocurrencies. We discuss advantages and risks of traditional and alternative income and growth strategies and portfolios for pre-retirement and retirement. The advantages of structuring portfolios with index funds are highlighted as well as how to evaluate your mutual funds. Topics include the impact of changes in the Federal Reserve’s policy on stocks and bonds, tax strategies, how to protect your portfolio if a recession occurs, withdrawal strategies for retirement accounts and stock strategies that provide a rising dividend stream. With the possibility of higher global interest rates, various income strategies are discussed to enhance interest income. This course can benefit you whether you or an advisor oversees your investing.

Note: Rice University does not offer financial or investment advice. The intent of our financial planning and investment courses is to provide a general educational overview of the topics described. To determine the applicability of the course content to your personal finances and investments, and for specific advice pertaining to your personal financial situation, you should consult a financial advisor of your choosing.



Midweek Medley

From the Birth of Texas to the History of the World

Rice University faculty and other experts

March 22–April 26 | Six Wednesdays, 1:30–3 p.m. | \$150 | On campus

Covering a wide array of topics, this lecture series examines a different subject for each lecture. Outstanding Rice University faculty and other experts from the arts, humanities and sciences share insights on topics such as the birth of Texas, understanding Islam through art and architecture, the neuroscience of remembering and forgetting, how gems and metals illustrate the history of the world and more. This series offers a unique opportunity to sample the diverse course content and instructors featured at the Glasscock School of Continuing Studies.

Lectures include:

March 22. “Gems, Metals and the History of the World.” Cin-Ty Lee, Ph.D., Harry Carothers Wiess Professor of Geology, Department of Earth, Environmental and Planetary Sciences, Rice University

March 29. “Perón and Peronism: Argentina’s Peculiar Populism.” Nicolas Shumway, Ph.D., Frances Moody Newman Professor Emeritus of Spanish, Rice University

April 5. “Understanding Islamic History Through the Arts.” Farshid Emami, Ph.D., assistant professor, Department of Art History, Rice University

April 12. “Memory: A Neuroscientist’s Study of Remembering and Forgetting.” Stephanie Leal, Ph.D., assistant professor, Department of Psychological Sciences, Rice University

April 19. “The Birth of Texas: The Alamo.” Mike Vance, historian, writer and creator-producer of “The Birth of Texas” documentary series

April 26. “Hammerstein and Sondheim: Mentorship on Broadway.” Debra Dickinson, M.A., former artist-teacher of opera studies, The Shepherd School of Music, Rice University

Note: This special series is offered at a deeply discounted rate. No additional discounts are applicable.

YOU MAY ALSO BE INTERESTED IN OUR ON-DEMAND MIDWEEK MEDLEY COURSES:

- Midweek Medley: From Antarctica to the Moon
- Midweek Medley: From Beethoven to Broadway
- Midweek Medley: From Stonehenge to the Galápagos

[Learn more on page 21.](#)

“I am so glad I registered for this series!”

“I was so energized and thankful to be able to participate! Well done!”

—Past Participants, Community Learning and Engagement



Humanities

Explore timely and timeless issues through the Glasscock School's humanities courses. Guided by Rice University faculty and other experts, these classes share historical, contemporary, literary, philosophical and other insights into the human condition.

"I truly hung on every word of each of these professors. They... have a style that leads to open discussion while giving a lot of history. I really enjoyed learning from them as well as the members of the class."

—Past Participant, Community Learning and Engagement

Facing Race: Shaping Equitable Futures

Rice University faculty and community experts

March 22–April 26 | Five Wednesdays, 7–8:30 p.m. (no class April 5) | \$250 | Online—Synchronous

Rice University faculty and other experts explore promising strategies to counteract inequity and structural racism in our city and nation. Each week features a different Rice faculty member providing an overview of current evidence regarding how structural racism and inequity are manifested in the workplace, education, health and criminal justice systems. They are joined by Houston community and other practitioners sharing real-world, real-time examples of innovative initiatives to combat inequity and racism. The course includes presentations, conversations between Rice faculty and other experts, and generative discussions with course participants about actions we can take as a community and a culture to combat inequity and racism. The class culminates with a speaker panel addressing intersecting inequities and collaborative, cross-sector approaches to shape more inclusive, equitable, just futures.

Note: A limited number of scholarships are available to eligible teachers. Email cpcoord@rice.edu.

Course schedule:

March 22. "Disrupting Workplace Inequity and Racism: Individual, Relational and Structural Approaches." Danielle King, Ph.D., assistant professor of psychological sciences, Rice University and Meisha-Ann Martin, Ph.D., senior director, people analytics and research, Workhuman

March 29. "Forging a Truly Just Criminal Justice System." Brielle Bryan, Ph.D., assistant professor of Sociology, Rice University

April 12. "Dismantling Racism and Inequity in Healthcare." Amanda Perkins-Ball, Ph.D., assistant teaching professor in the Department of Kinesiology, Rice University

April 19. "Transforming Education Through Equity." Erin Baumgartner, Ph.D., director of Houston Education Research Consortium, Rice University and Rick Cruz, Ed.D., deputy superintendent, Houston Independent School District

April 26. Speaker Panel: "Equity at the Intersections"

The History of China’s Foreign Relations

Jaymin Kim, Ph.D.

March 23–April 27 | Six Thursdays, 10–11:30 a.m. | \$235 | On campus

Analyze China’s foreign relations from 1500 to the present with global historian of Asia Dr. Jaymin Kim. Case studies illuminate China’s relationships with the rest of the world over the past 500 years. In contrast with the conventional emphasis on China’s interactions with the West over the past two centuries, this course highlights the pivotal role of the early modern period (16th–19th centuries) and China’s relationships with its Asian neighbors. We also explore frameworks and theories about China’s foreign relations. How have historians, international relations scholars and political scientists understood China’s place in the world? What have they identified as the key features of China’s foreign relations? What continuities or changes do they see over the centuries? Through answering these and other questions, gain a deeper understanding of China and its place in the world today.

King Tut Revisited With the Houston Museum of Natural Science

Dirk Van Tuerenhout, Ph.D., and Michelle Marlar, Ph.D.

March 30–May 4 | Six Thursdays, 7–8:30 p.m. | \$235 | On campus - May 4th field trip at HMNS

A century after the discovery of King Tutankhamun’s tomb in the Valley of the Kings, a Houston Museum of Natural Science curator and archaeologist share the latest scholarship on King Tut and the field of archaeology. Learn why King Tut, a minor pharaoh who ruled for less than a decade, continues to captivate the world three thousand years later. Gain insight into the life and influence of King Tut and other pharaohs, everyday life in ancient Egypt and ancient beliefs about the afterlife. Explore the evolution of archaeological methods and how they have been revolutionized with contemporary technology such as LiDAR (light detection and ranging) and other tools. In addition, we consider the ethics of archaeological digs, including contemporary efforts to repatriate looted artifacts, and highlight the role Egyptians played in archaeological discoveries in their home country. Includes a private tour of “King Tut’s Tomb Discovery Experience.”

Note: Course includes field trip to the HMNS “King Tut’s Tomb Discovery Experience,” an immersive exhibit experience, containing replicas rather than original artifacts. The original treasures from Tut’s tomb are on display in Egypt in honor of this anniversary. Participants are responsible for arranging their own transportation for the course field trip. Course fee includes tour and parking at HMNS on May 4.

Legendary Turkey

Lisa Balabanlilar, Ph.D.

Feb. 14–March 7 | Four Tuesdays, 7–8:30 p.m. | \$180 | On campus

Legendary Turkey offers a sweeping overview of Turkish history, from the seminomadic origins of the Turkic people and their rising political power and conversion to Islam in the late medieval period, through the establishment of the powerful Ottoman Empire to the creation of the modern Republic of Turkey. Dr. Lisa Balabanlilar explores the Ottoman Empire’s expansion across eastern Rome (Byzantium) and the Mediterranean world—both threat and ally with the rival states of Christian Europe—to become the longest-lived empire in world history. Finally, this course examines the 19th century collapse of Ottoman power, its utter destruction in World War I, the resistance led by Mustafa Kemal Atatürk and the creation of the modern Republic of Turkey (now known as Türkiye). We close with a brief update on modern Turkish life and politics.

Note: This course is offered in conjunction with the Rice Alumni Traveling Owls’ April–May 2023 trip, Legendary Turkey, guided by Dr. Lisa Balabanlilar. Tour participation is not required to register for this class.

Greek and Roman Philosophers: From Socrates to the Stoics

Victor Saenz, Ph.D.

March 20–April 24 | Six Mondays, 2–3:30 p.m. | \$235 | On campus

Are humans just atoms and void, who dissolve upon death? Or are they meant to live forever? Is morality objective, or mere social convention? Is happiness looking out for number one? Or perhaps it requires being courageous, generous, having deep ties to friends, family, and the community? Such questions animated Greek and Roman philosophers. Arguably, all these questions converge into one: “How should I live?” Socrates begins our conversation. Plato argues we have immortal souls and that caring for them requires taming our desires. Aristotle claims happiness here and now requires cultivating good character. Epicureans contend that humans are merely material and pleasure is the standard of happiness. The Skeptics, faced with conflicting answers, opted to suspend belief. Finally, we have Stoicism, whose adherents include Marcus Aurelius, Epictetus and Ryan Holiday. Join Dr. Victor Saenz to explore what Greek and Roman philosophers can teach us about living a good life!

The Origins and Role of the British Monarchy

Newell Boyd, Ph.D.

Feb. 21–April 11 | Eight Tuesdays, 2–3:30 p.m. | \$295 | On campus

Britain has maintained an (almost) unbroken series of monarchs for the past 1,500 years. With the recent death of Queen Elizabeth II, there is great interest in the institution of the British monarchy. Why has it lasted for so long? Even as parliamentary political influence increased and monarchical power declined, there has been widespread public reverence for the monarchy. With the advent of political democracy, political parties, and the rise and fall of individual political favorites, there has always been above the political fray “the impartial Crown”—existing solely to represent the country as a whole. Monarchs of varying abilities and personalities have come and gone. Nevertheless, all have functioned as representatives of that elevated crown. This course will chronologically examine an exclusive group of monarchs from King Arthur through Queen Anne and King Edward VII, each representative of the esteemed position of the British Crown.

CREATIVE WRITING

“It’s so helpful to gain knowledge from a published author.”

“[The instructor] has great credibility and great experience for teaching this course. Her warmth and humor come across.”

—*Past Participants, Community Learning and Engagement*

Introduction to Creative Writing*

Cassandra Rose Clarke, M.A.

Feb. 20–April 17 | Eight Mondays, 7–9 p.m. (no class March 13) | \$425 | Online—Synchronous

This workshop serves as an introduction to the three major genres of creative writing: fiction, poetry and creative nonfiction. Writer Cassandra Rose Clarke guides participants through generative writing exercises designed to promote creativity. By the end of the workshop, participants will emerge with drafts of stories, poems and essays and the self-assurance to begin—or continue—their writing practice. The workshop includes an opportunity to receive a supportive critique of your work by the instructor and your peers. Beginners and more established writers looking to explore a new form are welcome.

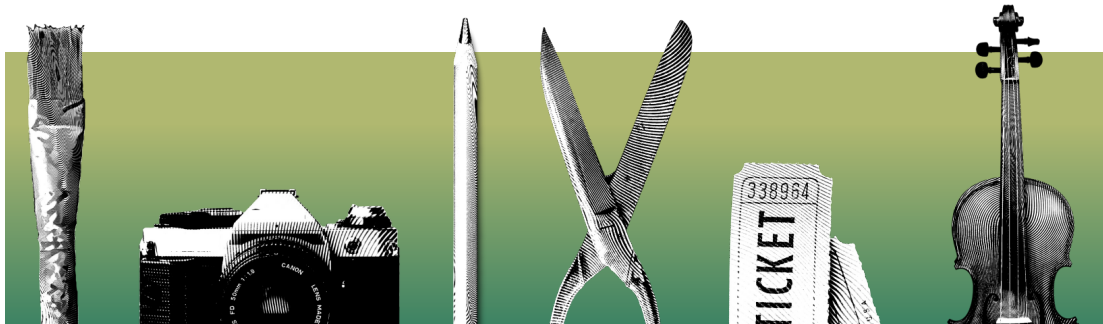
Memoir Writing Workshop*

Deborah J. Barrett, Ph.D.

April 13–May 18 | Six Thursdays, 6:30–8:30 p.m. | \$340 | Online—Synchronous

What stories do you carry inside that are seeking to make themselves known? What family histories, legacies and ancestries have shaped you? Join this workshop to develop your skills at researching and writing memoir. Drawing inspiration from a diverse range of published writers and stories, hone your craft as a memoirist. Learn strategies for researching your family and sensitively navigating the dynamics and ethics of writing about others. Receive feedback on your work from the instructor and, if you wish, from your peers. Participants will leave the workshop with a series of initial stories and a plan for expanding these sketches with further research, development and writing. Whether you want to write a full book or compile recollections and reflections for your children, grandchildren and other loved ones, this workshop will help you express the stories that make you uniquely you.

Note: This course is suitable for beginning and intermediate writers.



Arts

From studio art and photography to music and other media, our hands-on workshops and in-depth courses are created for absolute beginners, serious amateurs, seasoned professionals and everyone in-between.

“An enthusiastic, extremely knowledgeable instructor. The design, preparation and delivery of each session was outstanding.”

—Past Participant, Community Learning and Engagement

The Music and Life of J. S. Bach

David Ferris, Ph.D.

March 20–April 24 | Six Mondays, 7–8:30 p.m. | \$235 | On campus

Johann Sebastian Bach is regarded as one of the greatest composers of Western music. During his lifetime he achieved some renown as a teacher and organ virtuoso, but for 27 years he worked as a church musician in Leipzig, a relatively provincial city. As cantor of St. Thomas Church, he prepared weekly performances for the city’s five churches and taught at the church school, while also composing many of his most beautiful works, including several hundred church cantatas. In this course, we study the wide variety of vocal and instrumental genres that Bach composed in and learn how he transformed and perfected the traditional forms and techniques of the German Baroque.

Star Quality: Broadway’s Greatest Performers

Debra Dickinson, M.A.

Feb. 28–April 25 | Eight Tuesdays, 10–11:30 a.m. (no class March 14) | \$295 | On campus

From the dazzling dancing of Gwen Verdon to the stirring baritone of Alfred Drake, from the hilarious antics of Nathan Lane to the powerhouse energy of Patti LuPone, from stage and screen sensation Chita Rivera to the multitalented Audra McDonald, this course explores the work and lives of the greatest stars of the American musical theater. It takes an unusual and profound talent to create the lead roles in the best Broadway shows, and these uniquely gifted performers have achieved the pinnacle of success in Broadway musicals. Through video clips of their most iconic performances and anecdotes of their personal and professional lives, discover what made each of these actors worthy of the title “Broadway star.” Includes a special virtual guest appearance from Kanisha Feliciano, Rice alum and Broadway star.

YOU MAY ALSO BE INTERESTED IN OUR ON-DEMAND ARTS COURSES:

- American Sounds: Great Symphonic Music of North and South America
- Broadway Pulitzer Prize Winners
- How Classical Music Is Created: The Composer’s Palette

[Learn more on page 20.](#)

STUDIO ART

“Exceptional course. The instructor is knowledgeable, clear... and all round it is a wonderful class. It is also fun to be a part of the discussion.”

—Past Participant, Community Learning and Engagement

Introduction to Gouache Painting: A Gouache Expedition*

Laura Spector

Feb. 13–March 6 | Four Mondays, 6:30–9 p.m. | \$199 | On campus

Have gouache? Will travel! Explore the versatility of gouache, a lush, water-based, opaque paint that’s as much fun to use as it is to say (“g-wash”). Used for centuries by artists to capture landscapes and other plein air scenes, gouache has recently experienced a resurgence in popularity. Enormously portable and requiring only a minimum of supplies, it’s the perfect media for artists traveling around the world or across town. Gouache’s fluidity is also ideal for invoking your favorite remembered and imagined places. Each student will complete at least one small, double-spread painting on paper during this four-week workshop. This course is designed for students who have taken an introductory painting course or have basic familiarity with color theory, paint mixing and application. See how far gouache can take you and your art!

Note: Fee does not include cost of supplies, approximately \$50.

Petals and Plants: The Art of Nature*

Ellen Orseck, M.A., M.A.T.

Feb. 28–April 18 | Eight Tuesdays, 10 a.m.–12:30 p.m. | \$375 | On campus

Spring is a glorious time on the Rice University campus. Let your creativity blossom in this interactive mixed-media workshop celebrating spring flowers and other plants. With professional artist and museum educator Ellen Orseck as your guide, draw inspiration from Georgia O’Keeffe, Frida Kahlo, Vincent van Gogh, Gustav Klimt, Henri Matisse, Yayoi Kusama, Andy Warhol, Edouard Manet and many other artists who have paid tribute to nature in bloom. Weather permitting, several class sessions will be held outdoors. Select from a wide range of media including acrylic paint, watercolor, drawing, collage and more. Artists at all levels are welcome. Includes a field trip or a visiting artist.

Note: Fee does not include cost of supplies, approximately \$50–\$75, depending on materials used.

Sketching the City*

Ellen Orseck, M.A., M.A.T.

March 2–April 13 | Seven Thursdays, 10 a.m.–12:30 p.m. | \$325 | On campus

Rediscover the joys of city life in this course for urban artists and adventurers. For centuries, artists have kept sketchbooks to record the energy of life flowing around them—in cafés, parks, museums, shops, train stations, and from city windows. Part journal, part artistic sandbox, sketchbooks have an intimacy and freshness not often found in more finished works of art and can enhance an artist’s creative process. Sketchbooks provide an intentionally free-form space for quick drawings, designs, creative experiments, musings, collaging and more. The class includes demonstrations, presentations, sketching in class, creative outings and experiments, a field trip and sharing. Participants are encouraged to take part in the Brooklyn Art Library Sketchbook Project. No prior drawing experience is necessary for this accessible course.

Note: Fee does not include cost of supplies, approximately \$25.

**Limited enrollment*

Drawing Fundamentals*

Stanley Kaminski, M.F.A.

Feb. 21–April 11 | Seven Tuesdays, 7–9:30 p.m. (no class March 14) | \$325 | On campus

Embrace an “I can do this” attitude and create images that exceed your expectations with the support of artist and teacher Stanley Kaminski. Gain confidence as you learn to draw what you see, one step at a time. Beginners acquire essential methods to learn object drawing, while intermediate artists benefit from relearning drawing fundamentals.

Note: Fee does not include cost of supplies, approximately \$75.

PHOTOGRAPHY

“Great class, tons of content and good challenges and critiques.”

—*Past Participant, Community Learning and Engagement*

Creative iPhone Photography*

Tom Flaherty, BBA

Feb. 28–March 28 | Four Tuesdays, 9–11:30 a.m. (no class March 14) | \$270 | On campus

Experiment with creative approaches to iPhone® photography in this new, interactive workshop and critique course. Take your photography to the next level with creative techniques, editing and processing. With guidance from instructor Tom Flaherty, learn to create impressionist, abstract, semi-abstract and digitally composited images using iPhone apps. We also study the work of artists using the iPhone in innovative ways. Guest speaker and photographer Terri Golas will provide inspiration, instruction and ideas for making creative abstract photographs. Each participant will receive feedback from the instructor and fellow classmates during most of the class sessions with review and discussion of student images. Embrace the creative possibilities of your iPhone!

Note: iPhone® operating system iOS 16 or newer is required. Participants should have completed the Introduction to iPhone Photography course or have instructor permission. Email cpcoord@rice.edu for more information. Fee does not include the cost of iPhone apps, which generally range from free to \$5 each. Allow for approximately \$20.

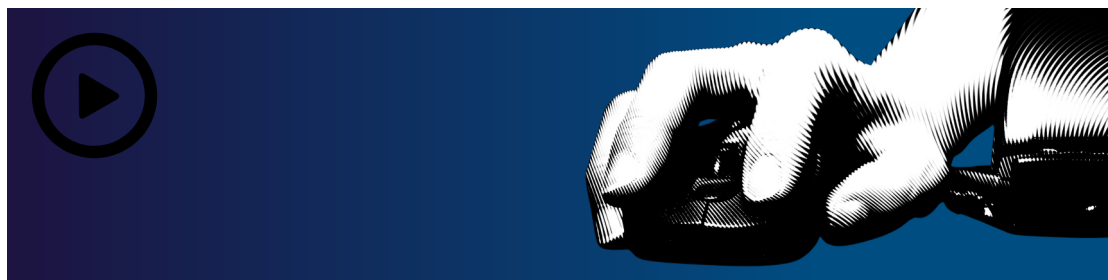
Advanced Photography Workshop With Peter Brown*

Peter Brown, M.F.A.

Feb. 9–May 11 | 10 Thursdays, 6:30–9 p.m. | \$500 | On campus

In this course for experienced photographers, award-winning photographer Peter Brown critiques and provides direction for your work. After selecting a project for the semester, you will share your work with Mr. Brown and other class members. Technical help is provided, but the primary purpose of the course is growing your photographic vision and applying it to your ongoing body of work. Each session includes discussions of contemporary or historical photography. Many previous students in these open and supportive sessions have had their work shown in galleries and published in magazines and books. All types of photography are acceptable, but students will need to be prepared to present work in both a digital format and print form. Instructor approval is required to register for this course.

Note: Class does not meet every week. Dates provided during application process.



On-Demand Courses

The Glasscock School's Community Learning and Engagement department offers a selection of short, pre-recorded on-demand classes that can be enjoyed whenever works best for you.

Note: All on-demand courses are available for 90 days from the registration date.

American Sounds: Great Symphonic Music of North and South America

Carlos Andrés Botero, M.M.

8.5 hours of pre-recorded content | \$200 | Online—on demand

Join conductor Carlos Andrés Botero to discover how North and South American symphonic traditions emerged to create not one, but many, uniquely American sounds.

Breath: Tibetan Meditation and Breathing Techniques

Alejandro Chaoul, Ph.D.

8 hours of pre-recorded content | \$185 | Online—on demand

Experience Tibetan meditation techniques to reconnect you with your breath, body, mind and spirit.

Broadway Pulitzer Prize Winners

Debra Dickinson, M.A.

9 hours of pre-recorded content | \$210 | Online—on demand

Celebrate 10 Broadway masterworks awarded the Pulitzer Prize for Drama with former professional actress, singer and director Debra Dickinson as your guide.

How Classical Music Is Created: The Composer's Palette

Carlos Andrés Botero, M.M.

9 hours of pre-recorded content | \$210 | Online—on demand

Gain insight from a conductor about how classical music is created, based on his collaborations with contemporary composers and musicians and historical accounts of masters.

Missions to Mars: Exploration of the Red Planet

Kirsten Siebach, Ph.D.

6 hours of prerecorded content | \$160 | Online—on demand

Kirsten Siebach, Ph.D., rover operator and Martian geologist, guides you through the history and future of Mars exploration.

The Nutrition Prescription: Disease Prevention and Management

Roberta H. Anding, M.S., R.D./L.D.

9 hours of pre-recorded content | \$210 | Online—on demand

Learn about key nutritional strategies for the prevention and management of the most common diseases afflicting Americans.

THE NATURE AND GEOLOGY OF U.S. NATIONAL PARKS SERIES

In this series, participants are taken on a virtual tour of some of the United States' great national parks with Rice University professor of geology Cin-Ty Lee, Ph.D.

The Nature and Geology of U.S. National Parks: From Acadia to Zion

9 hours of pre-recorded content | \$210 | Online—on demand

Geologist Cin-Ty Lee leads a virtual tour of seven U.S. national parks: Joshua Tree, the Mojave National Preserve, Petrified National Forest, Death Valley, Olympic, Zion and Acadia National Parks.

The Nature and Geology of U.S. National Parks: From Arches to White Sands

9 hours of pre-recorded content | \$210 | Online—on demand

Geologist Cin-Ty Lee leads a virtual tour of six U.S. national parks: Arches, Congaree, Lassen Volcanic, Saguaro, Voyageurs and White Sands.

The Nature and Geology of U.S. National Parks: From Crater Lake to the Everglades

7.5 hours of pre-recorded content | \$195 | Online—on demand

Geologist Cin-Ty Lee leads another virtual tour of five U.S. national parks: Everglades, Carlsbad Caverns, Denali National Park and Preserve, Great Smoky Mountains and Crater Lake.

The Nature and Geology of U.S. National Parks: From Glacier to the Grand Canyon

9 hours of pre-recorded content | \$210 | Online—on demand

Geologist Cin-Ty Lee leads an exciting virtual tour of seven U.S. national parks: Grand Canyon, Yosemite, Glacier, Rocky Mountain, Hawai'i Volcanoes, Yellowstone and Big Bend.

MIDWEEK MEDLEY SERIES

Outstanding Rice University faculty and other experts in the arts, humanities and sciences share insights on a variety of topics, with a different subject for each lecture. Each six-lecture option offers a unique opportunity to sample the diverse course content and instructors featured at the Glasscock School.

9 hours of pre-recorded content | \$150 (Special discounted rate) | Online—on demand

Midweek Medley: From Antarctica to the Moon

David Alexander, OBE, Ph.D.; Lisa Balabanlilar, Ph.D.; Carlos Andrés Botero, M.M.; Debra Dickinson, M.A.; Scott Solomon, Ph.D.; Julia Wellner, Ph.D.

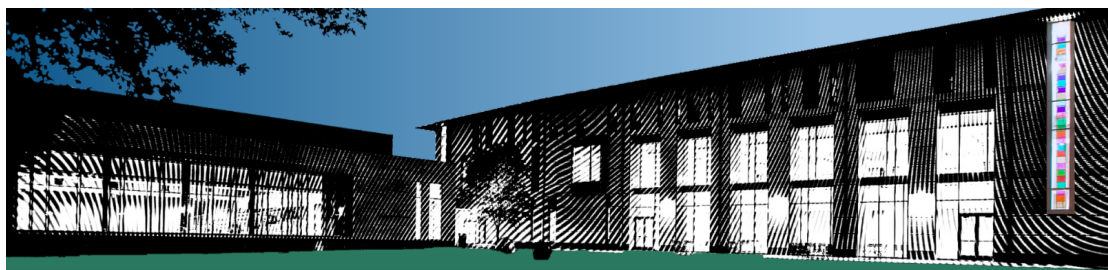
Midweek Medley: From Beethoven to Broadway

Roberta Anding, M.S., R.D./L.D.; Jim Blackburn, J.D.; Carlos Andrés Botero, M.M.; Anne Chao, Ph.D.; Leo Costello, Ph.D.; Debra Dickinson, M.A.

Midweek Medley: From Stonehenge to the Galápagos

Debra Dickinson, M.A.; Luis Duno-Gottberg, Ph.D.; Cin-Ty Lee, Ph.D.; Jim Parsons, M.A.; Dirk Van Tuerenhout, Ph.D.; Diane Wolfthal, Ph.D.

To learn more about our on-demand courses, including detailed descriptions and frequently asked questions, visit glasscock.rice.edu/cle-on-demand.



About Us

Community Learning & Engagement

Community Learning and Engagement, part of the Susanne M. Glasscock School of Continuing Studies, serves as a bi-directional bridge between Rice and Houston, making the outstanding educational and creative resources of our campus and community accessible to the public. Through dozens of short, non-credit in person and online courses, events and programs, we invite adults of all ages to learn from outstanding Rice faculty and other experts in our welcoming community. We build engaged learning communities, foster deep collaborations and embody living and learning at the intersections of disciplines, people and ideas. Join us today!

Learn more at glasscock.rice.edu/community.

The Susanne M. Glasscock School of Continuing Studies

The Susanne M. Glasscock School of Continuing Studies extends Rice University's commitment to educational equity and access by offering lifelong and life-changing personal and professional development programs to the Houston community and beyond. Our dynamic, 21st-century learning environment extends far outside the classroom and gives every individual—from preschool to post-career and all points between—the opportunity to benefit from the educational excellence of Rice University.

“Education does not begin with the university, nor does it end in the university. It is a matter of life, the whole span of life....”

—Edgar Odell Lovett, Founding President of Rice University

Learn more at glasscock.rice.edu.

Policies

Although we make every effort to maintain published schedules, insufficient enrollment, health and safety requirements or other unforeseen occurrences may require a format change, schedule change, cancellation or instructor substitution. Visit glasscock.rice.edu/covid19 for updated information about the steps Rice University is taking to keep our community safe and healthy. All Spring 2023 on-campus and online synchronous courses are held at Central Time. Rice University is committed to providing equal opportunity and access to the educational environment.

Unless otherwise noted, courses are open to adults aged 18 and older. Refund, discount and other policies can be found at glasscock.rice.edu/policies.

Community Crossword Challenge Terms and Conditions: The winner will receive a course voucher for one Spring 2023 Community Learning and Engagement course valued at up to \$300. Winners will be randomly drawn from all correct responses submitted via digital entry form and received by 1/31/23 11:59 p.m. No refunds will be provided for courses valued at less than the voucher amount. If you have already registered for a Spring 2023 Community Learning and Engagement course prior to winning the competition, you will be refunded for the highest price course purchased not to exceed \$300. Voucher does not apply to any other semester or offering from the Susanne M. Glasscock School of Continuing Studies. Glasscock School staff are not eligible to win.

Cover Image: Courtesy of the Woodson Research Center at Fondren Library.

Sol LeWitt Wall Drawing #1115 (as seen on page 5): Circle within a square, each with broken bands of color, 2004. Acrylic paint, dimensions variable. First drawn by: Takeshi Arita, Patrick Gavin, Glenn LaVertu, Laura Ostrander, Sara Saltzman. First Installation: Rhode Island School of Design Museum of Art, Providence, RI, February 2004. SL-439-WD. Current installation at Rice University drawn by: Gabriel Hurier, David Krueger, Cat McCaully, Jacob Villalobos, November 2019.